

TERESA WHITING

ABOUT:

Teresa Whiting is passionate about helping women connect God's word to their everyday lives. As a pastor's wife and ministry leader of almost 30 years, she has walked with countless women through their real-life struggles. Teresa has a degree in Bible and counseling. Additionally, she has lived the truths she teaches. A survivor of childhood sexual abuse, she has experienced God's power to make beauty from ashes. Her ministry is marked by vulnerability, empathy, and compassion while firmly grounded in Biblical truth.



Author. Speaker.
Bible Teacher. Podcast Host

PODCAST APPEARANCES:

[Find Hope Here with Teresa Whiting](#)

[Steady On](#)
with Angie Baughman

[The Balanced Momcast with Sandy Cooper](#)

[The Intertwined Life with Jenny Zentz](#)

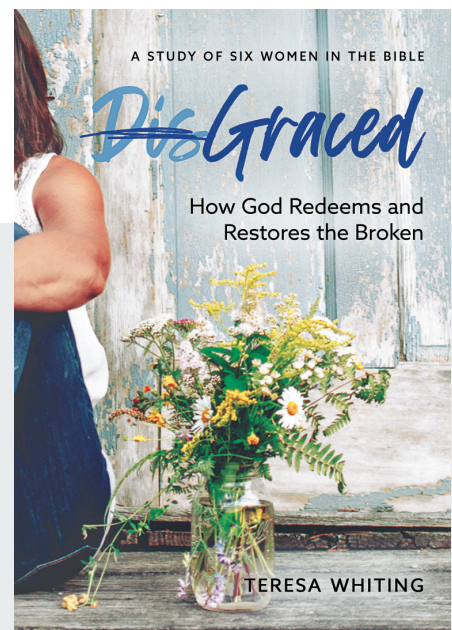
GUEST ARTICLES:

[Brave Enough to Bear our Scars for Brave Women Series](#)

[Contributing Devotional Writer for The Joyful Life Magazine](#)

"TERESA WHITING STANDS IN THE GAP FOR HURTING WOMEN AS A MATURE SPIRITUAL GUIDE AND DECLARER OF GOOD NEWS. LIKE THE WOMAN AT THE WELL, SHE IS UNASHAMED IN HER DESIRE TO SEE EACH ONE OF US COME TO KNOW THE ONE WHO OFFERS LOVE, GRACE, DIGNITY, FREEDOM, AND WHOLENESS - NO MATTER OUR STORY."

~ KENSI DUSZYNSKI, LMFT, CERTIFIED PROFESSIONAL COACH,
AND HOST OF THE [BRAVE MARRIAGE PODCAST](#)



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FEATURES & BENEFITS

FEATURES:

- Leader guide to help facilitate small group discussion
- 6 weeks of personal study
- Access to 7 teaching videos for use in group study, available via QR code printed in the study book

BENEFITS:

- Experience a deeper understanding of God's heart toward sexually broken women.
- Break free from sexual shame.
- Find your place in God's story.
- Understand what forgiveness is and what it is not.
- Refuse to be defined by labels.
- Respond to God's grace with uninhibited worship.

Praise for Graced

"In this in-depth study, Teresa Whiting breathes life into the Biblical stories of six sexually broken women, weaving seamlessly throughout each lesson a compelling first-person narrative, the historical context, and the beauty of the Psalms. Teresa handles their pain (and yours!) tenderly and tactfully as she invites you to dive into Scripture to unveil the dignity of these brave historical women. You will never view these women..or yourself...the same way again."

— Sandy Cooper: Bible study leader, host of The Balanced MomCast, and author



Please feel free to reach out with any questions.

Get in Touch!

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